

# Haliburton County Community Resource Directory 2020

The region of Haliburton Highlands is located at the south end of the Canadian Shield at the north end of southern Ontario, 2.5 hours north east of Toronto. Haliburton County is 4,025 square kilometres in size with a rugged landscape of lakes and hills which is inhabited by 17,026 year-round residents and an additional seasonal population of approximately 45,000.

Within the permanent population, 27% are over the age of 65 and 57% are over the age of 50. Haliburton County has a child poverty rate of 23% and an overall poverty rate of 17.2% (HKPR District Health Unit 2019), in part due to low-paying seasonal work and to the high numbers of pensioners. The County also has the second highest cost of living after Toronto, in part due to issues with lack of transportation and higher housing and food costs. A living wage in Haliburton is \$19.47.

Haliburton County also has a thriving arts community, and a burgeoning local food network. It is a resilient community where people care for and about each other. Those who can give, do so generously.

<b>Organization</b>	<b>Description of Services</b>	<b>Phone</b>	<b>Email and Website</b>
<b>Emergency Supports</b>			
<b>Kawartha Haliburton Victim Services</b>	Emotional and practical support to victims of crime and tragedy via phone, on-scene, and in office – 24/7.	705-878-5505 1-800-574-440	info.khvs@victim-services.org www.victim-services.org
<b>YWCA Women's Centre of Haliburton County</b>	Crisis, support, counselling, safety planning and referrals as via phone or in person, Mon-Fri 9-4:30; Crisis line – 24/7.	705-286-6442 1-800-461-7656 Text: 705-991-0110	ywcahal@ywcapeterborough.org www.ywcapeterborough.org
<b>YWCA Haliburton Emergency Rural SafeSpace (HERS) &amp; YWCA Crossroads</b>	SafeSpace in Haliburton County for women and their children fleeing abuse. Mon-Fri 9-4:30.  YWCA Crossroads 24/7 Emergency Shelter.	705-286-1942 1-800-461-7656 Text: 705-991-0110	ywcahal@ywcapeterborough.org www.ywcapeterborough.org
<b>Elder Abuse</b>	Phone line re physical, mental, financial or other abuse of seniors.	1-866-299-1011	www.elderabuseontario.com
<b>Food</b>			
<b>Cardiff Food Bank</b>	Provides residents with access to healthy food in a manner that maintains dignity.	613-334-0803 or 613-339-2704	cameron.mckenzie@sympatico.ca www.centralfoodnetwork.org
<b>Haliburton 4Cs</b>	Provides residents with access to healthy food in a manner that maintains dignity.	705-457-3331	www.haliburton4cs.org
<b>Highlands East Food Hub - Wilberforce</b>	Provides residents with access to healthy food in a manner that maintains dignity.	705-935-1956	www.centralfoodnetwork.org
<b>Meals on Wheels  Haliburton Highlands Health Services (HHHS)</b>	Nutritious meals to: seniors 55+; adults with disabilities; new moms; short-term convalescents and their caregivers.	705-457-2941	www.hhhs.ca/community-support-services/meals-on-wheels

<b>Minden Community Food Center</b>	Provides residents with access to healthy food in a manner that maintains dignity. Also personal hygiene products.	705-286-6838 <b>Crisis:</b> 705 286-2990	mindencommunityfoodbank@bellnet.ca www.mindenfoodbank.org
<b>SIRCH Frozen Meals</b>	Healthy frozen meals from SIRCH's Community Kitchen – free for those in need and also available to buy.	705-457-1742	info@sirch.on.ca www.sirch.on.ca
<b>Housing &amp; Heat</b>			
<b>Fuel for Warmth</b>	Temporary emergency heat assistance-- providing firewood, propane, oil and wood pellets.	705-286-6838 <b>Crisis:</b> 705-854-9208	info@fuelforwarmth.com www.fuelforwarmth.com
<b>Heat Bank Haliburton County</b>	Firewood in a heating emergency; assistance with getting oil, propane & hydro (via grants).	705-306-0565	heatbankhkc@gmail.com www.heatbankhaliburtoncounty.weebly.com
<b>Haliburton Housing Help</b>	Assists with: eviction prevention; finding a home; help for landlords/homeowners; emergency housing.	705-878-9367 1-844-878-9367	www.kawarthalakes.ca
<b>Places for People</b>	Creates secure affordable rental housing for those at risk of homelessness; provides other supports.	705-286-3592	info@placesforpeople.ca www.placesforpeople.ca
<b>Used Clothing and Household Items</b>			
<b>Lily Ann Thrift Store Haliburton</b>	Drop off gently worn clothing or purchase value priced items from our store.	705-457-3331	www.haliburton4cs.org
<b>St Paul's Anglican Church Clothing Cupboard - Minden</b>	Drop off gently worn clothing or purchase value priced items from our store.	705-286-2541	bygrace_jc@hotmail.com
<b>Thrift Warehouse Haliburton (SIRCH Community Services)</b>	Drop off or purchase gently used furniture, housewares, electronics, books, lighting, building supplies and more. 8,000 square feet!	1-844-THRIFT1 (1-844-847-4381)	info@sirch.on.ca facebook/thriftwarehouse www.sirch.on.ca
<b>World Life Clothing Outreach Wilberforce</b>	Outlets in Wilberforce and Highland Grove sell used furniture, household items and all forms of clothing.	705-448-9406	www.fyihaliburton.com/wordoflife.htm
<b>Legal Assistance</b>			
<b>Simcoe Haliburton Kawartha Lakes Community Legal Clinic</b>	Legal services for low-income residents re: domestic violence, family law, immigration law; criminal law.	1-800-461-8953	www.communitylegalclinic.ca
<b>John Howard Society of Kawartha Lakes &amp; Haliburton</b>	Programs to prevent repeat offences and delinquent behavior among youth at risk of offending.	705-328-0472 1-888-665-6615	www.johnhoward.on.ca/kawartha
<b>Victim Witness Assistance Program</b>	Support before and at criminal court; trial prep; victim advocacy, crisis intervention and referrals.	705-755-5150 1-855-240-2504	www.ontario.ca/victimservices
<b>Counselling &amp; Support</b>			
<b>Mental Health Services</b>	Counselling for anyone worried, overwhelmed, in grief and/or crisis. Ages 16 and up.	705-286-4575	hhmhs@hhhs.ca

<b>Haliburton Highlands Health Services (HHHS)</b>			<a href="http://www.hhhs.ca/community-support-services/mental-health-services">www.hhhs.ca/community-support-services/mental-health-services</a>
<b>Four County Crisis Response</b>	24-hour, confidential crisis support via phone, outreach, email and chat online – 24/7. Ages 16 and up.	1-866-995-9933 705-745-6484	<a href="http://www.cmhahkpr.ca">www.cmhahkpr.ca</a>
<b>SIRCH CAPC &amp; CPNP</b>	Support for pregnant women & parents with young children facing challenges like low income, single parenting, etc.	705-457-1742	<a href="http://www.sirch.on.ca">www.sirch.on.ca</a>
<b>Social Services</b>			
<b>City of Kawartha Lakes Social Services</b>	Administers the Ontario Works (OW) program and Children's Services in Kawartha Lakes and Haliburton County.  Ontario Works provides financial and employment assistance to people in need. Children's Services staff ensure that quality, stable and affordable childcare is available to residents of the City of Kawartha Lakes and Haliburton County.	1-877-324-9870 705-457-4571	<a href="http://www.kawarthalakes.ca">www.kawarthalakes.ca</a>
<b>Community Support Services</b>  <b>Haliburton Highlands Health Services (HHHS)</b>	Community Support Services provides multiple programs and services that are focused on enabling seniors and/or adults with disabilities and/or illness to remain independent at their place of residence for a longer period of time.	705-457-2941	<a href="http://www.hhhs.ca/community-support-services">www.hhhs.ca/community-support-services</a>
<b>Point in Time Centre for Children and Youth</b>	Point in Time is available for families when there is a need for a caring professional. Our aim is to promote the well-being of children, youth and parents in our county.	705-457-5345	<a href="http://www.pointintime.ca">www.pointintime.ca</a>
<b>Youth Hub (Haliburton Highlands Health Services and Point in Time)</b>	Co-designed and led by youth, for the youth of Haliburton County. The Hub is a one-stop-shop for recreation, support, and gathering with peers.	705-457-5345	<a href="http://www.pointintime.ca/youth/haliburton-youth-wellness-hub">www.pointintime.ca/youth/haliburton-youth-wellness-hub</a>
<b>Health Services</b>			
<b>Alzheimers Society</b>	The Alzheimer Society can help you by providing information, resources, education, support and counselling.	1-800-765-0515	<a href="http://www.alzheimer.ca">www.alzheimer.ca</a>
<b>Canadian Cancer Society</b>	We offer support and information for people with cancer and their family, friends and caregivers.	1-888-939-3333	<a href="http://www.cancer.ca">www.cancer.ca</a>
<b>Cancer Support Group Haliburton Highlands</b>	Our cancer support group is designed to support you on your journey from diagnosis, to treatment and ultimately healing and wellness.	705-457-2941 Ext. 2932	<a href="http://www.hhhs.ca">www.hhhs.ca</a>

<b>Health Services (HHHS)</b>			
<b>Central East LHIN – Home and Community Care</b>	We get you the care you need in your home and in the community.	705-457-1600	<a href="http://www.centraleastlhin.on.ca">www.centraleastlhin.on.ca</a>
<b>Haliburton Family Medical Centre</b>	Physicians and allied health professionals at the Haliburton Family Medical Centre and Haliburton Highlands Family Health Team.	705-457-1212	<a href="http://www.hhfht.com">www.hhfht.com</a>
<b>Haliburton Highlands Health Services (HHHS)</b>	Haliburton Highlands Health Services, working with partners and accountable to our community, promotes wellness and provides access to essential, high quality health services.	705-457-1392	<a href="http://www.hhhs.ca">www.hhhs.ca</a>
<b>Hospice Program</b>  <b>Haliburton Highlands Health Services (HHHS)</b>	Programs that offer compassionate care and support for people facing a life limiting illness.	705-457-2941 Ext.2932	<a href="http://www.hhhs.ca/community-support-services/hospice">www.hhhs.ca/community-support-services/hospice</a>
<b>Mental Health Services</b>  <b>Haliburton Highlands Health Services (HHHS)</b>	Counselling and treatment, crisis intervention.	705-286-4575	<a href="http://www.hhhs.ca/hospital/mental-health-services">www.hhhs.ca/hospital/mental-health-services</a>
<b>Midwifery Services of Haliburton</b>	Free, local service for normal pregnancy, birth and newborn care.	705-457-9992	<a href="http://www.haliburtonbancroftmidwives.ca">www.haliburtonbancroftmidwives.ca</a>
<b>ParaMed (PSW)</b>	Health and home care services	1-800-267-4354	<a href="http://www.paramed.com/bancroft">www.paramed.com/bancroft</a>
<b>Volunteer Dental Outreach</b>	Haliburton community dental assistance program helping those in need with dental care. Urgent dental work at our Haliburton clinic.	705-457-3111	<a href="http://www.dental-outreach.com">www.dental-outreach.com</a>

*We hope this directory of community services will help residents facing challenges in Haliburton County.*

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